FITR
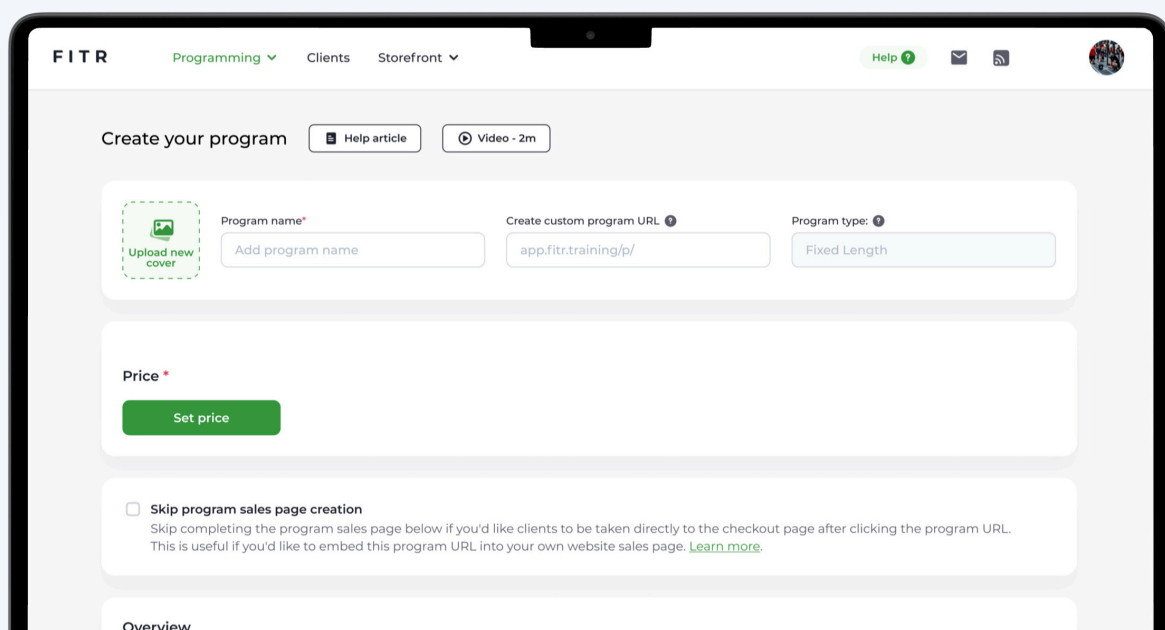
CREATING A FIXED LENGTH PROGRAM

A program with a fixed duration, downloaded by the client in one go.

1. Select "Fixed Length program".

2. Add program details including its name, price and description.

3. Once the program information is complete, click "Next" to start programming.

4.

Once you've added programming, click "Next" to sign up clients.
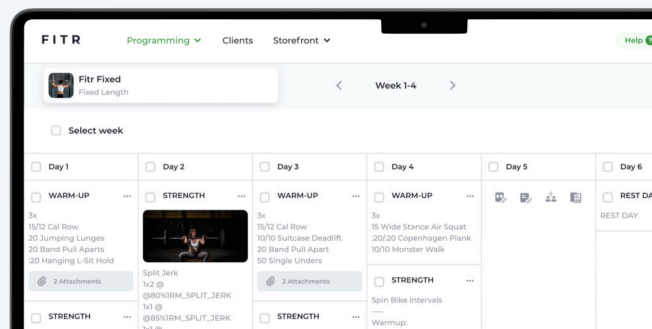
5.

Inviting clients using the below options will provide instant access to the program once they download.

Option 1: Email
Simply send a link to the program via an email. Type in the address and click "Send email invite".

Email

Client's email   Send email invite

Option 2: Program URL
Just click "Copy link" and then paste the unique URL. Then click "Next".

Copy This URL to Share

https://app.fitr.training/p/[YOUR PROG...   Copy link

The URL method is a great way to draw potential clients to your program without any admin. Once there they'll be guided on how to download.

9:41

FITR COACH

FITR COACH

54 Posts   834 Followers   162 Following

FITR COACH
Download the program today!
https://app.fitr.training/p/[YOUR PROGRAM NAME]

Follow   Message

Copy your program's unique URL and share it anywhere you want. E.g. email lists and social media.

Find out more about program types here.