

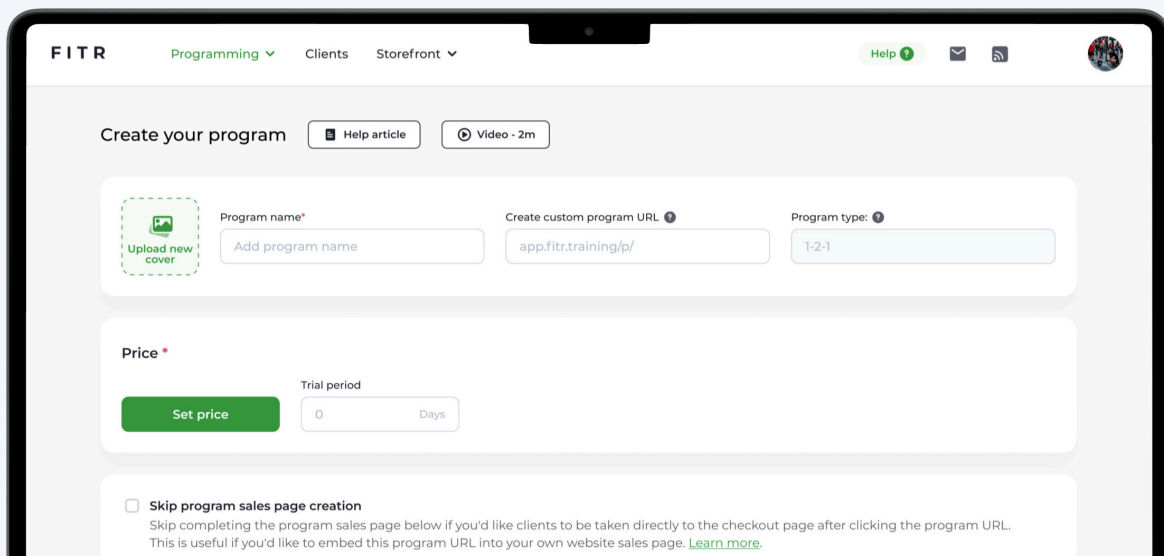
FITR

CREATING A 1-2-1 PROGRAM

Perfect for training individualised clients.

1. Select "1-2-1 program".

2. Add program details including its name, price and description.



The screenshot shows the 'Create your program' page in the FITR app. The top navigation bar includes 'FITR', 'Programming' (selected), 'Clients', and 'Storefront'. On the right, there are links for 'Help', email, and a user profile. The main content area has a 'Create your program' header with 'Help article' and 'Video - 2m' links. Below this is a form with three sections: 1. 'Program name*' with an 'Add program name' input field and an 'Upload new cover' button. 2. 'Create custom program URL' with an input field containing 'app.fitr.training/p/'. 3. 'Program type:' with a dropdown menu showing '1-2-1'. Below these is a 'Price*' section with a 'Set price' button and a 'Trial period' input set to '0' days. At the bottom, there is a checkbox for 'Skip program sales page creation' with explanatory text and a 'Learn more' link.

3. Once the program is complete, click "Next" to start signing up clients.

Current clients

Invite one or more of your current clients to the program.

Manually add

Add someone new to the program, with their name and email.

Email

Add one or more emails into the box below and we'll send them a link to get the program.

Program URL

Every program has a unique, shareable link. Use it anywhere you want.

1 Info & Pricing

2 Sign up clients

3 Start programming

4. Inviting a client using the options below will allow you to program for your clients before they gain access.

1. Invite current clients

Select a client from the dropdown list.

Add clients

2. Manually add a new client

Add your client's name and email and click “Add client”.

First name

Last name


Email


Add clients


5. Select who you want to start programming for from the list and click “Next”.


Which client do you want to start programming for?


Select who you'd like to start programming for first. Don't worry, you can switch between clients easily later too.


 James Sales

 Kerry Smith

 Barry Klima

 Sophie Sloane

 Jazz Ayliffe

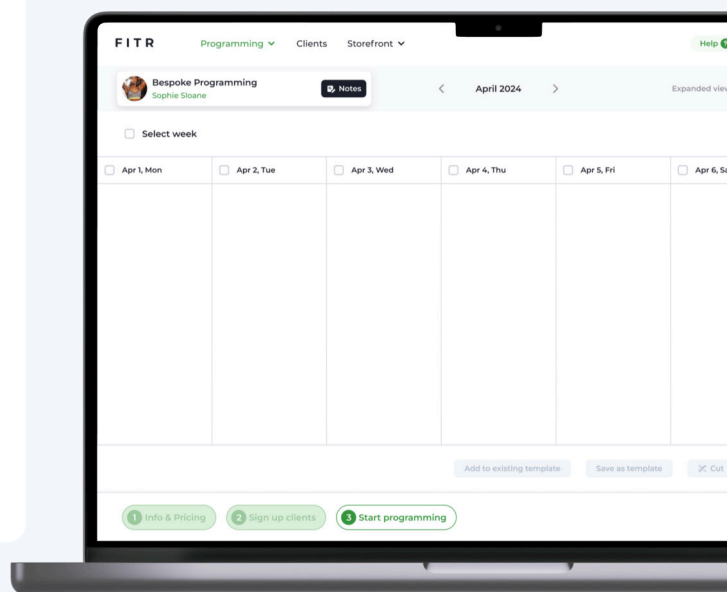
 Josh Stevens

Close

Skip







Next

This will open a new schedule to populate for this client.



6. Once you have completed your training days click “Save & Close”.

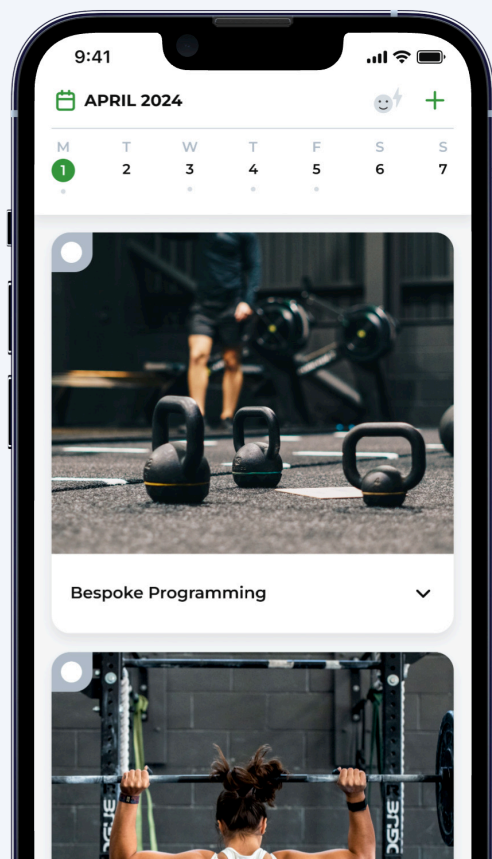
7. After uploading some initial programming you'll be directed to a list of pending clients, a process allowing you to program for clients before they actually join. Once ready, press “Send program invite”.

Overview Clients: Active (4) In-Trials (2) Pending (2) Past (0)			
Search...		email@email.com Send program invite	
Name ▾	Invite Status	Client status	
 James Jones GBR 32 y/o	email@email.com Send program invite	 Pending What's this?	+ Programming More
 Sophie Sloane GBR 32 y/o	email@email.com Send program invite	 Pending What's this?	+ Programming More
 Barry Klima	email@email.com Send program invite	 Pending What's this?	+ Programming More

8. Once your client has accepted your invite their programming will be waiting for them in the FITR Client App.



Find out more about program types here.



1 Info & Pricing

2 Sign up clients

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